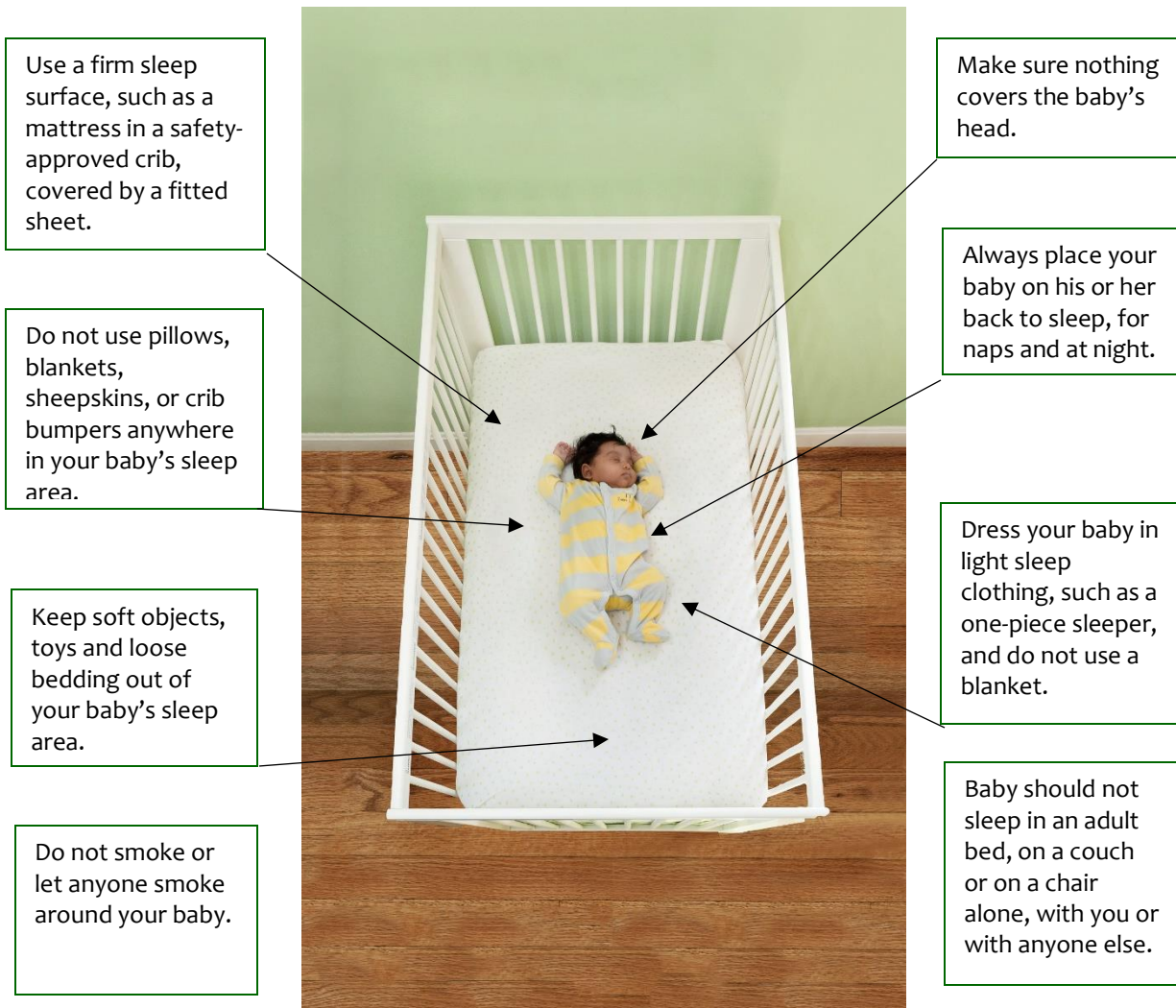


Quick Reference

Alone. Back. Crib.

Reduce the Risk of Sudden Infant Death Syndrome (SIDS) and Other Sleep-Related Causes of Infant Death



***For more information on crib safety guidelines, contact the Consumer Product Safety Commission at 1-800-638-2772 or <http://www.cpsc.gov>.**

U.S. Department of Health and Human Services
National Institutes of Health
Eunice Kennedy Shriver National Institutes of Child Health and Human Development

Resources

Safe Sleep:

- [Sweet Dreams, Safe Sleep for Babies](#), Injury Prevention Printable Tip Cards, Virginia Department of Health
- [Safe to Sleep Campaign](#), The Safe to Sleep® campaign offers materials to help share safe infant sleep messages with different caregivers and ethnic groups.
- What does a safe sleep environment look like? [English](#) and [Spanish](#)
- [Cribs for Kids](#)
- [Consumer Product Safety Commission: Crib Safety Guidelines](#) - For more information on crib safety guidelines, contact the Consumer Product Safety Commission at 1-800-638-2772.
- Safe Sleep for your Baby: Reduce the Risk of SIDS and Other Sleep-Related Causes of Infant Death Outreach Campaign [General](#), [African American](#), [American Indian/Alaska Native](#), [Spanish](#)
- Safe Sleep for Your Grandbaby: Reduce the Risk of SIDS and Other Sleep-Related Causes of Infant Death [English](#) and [Spanish](#)
- Honor the Past, Learn for the Future: Reduce the Risk of SIDS and Other Sleep-Related Causes of Infant Deaths [American Indian/ Alaska Native](#)
- [Safe Sleep Videos](#) – Public Education Campaign Led By Eunice Kennedy Shriver, National Institute of Child Health and Development

Tummy Time:

- Tummy Time for Expectant Families
- What to Know Before You Go: Planning for Tummy Time Activities in Home Visits
- Tummy Time During a Home Visit

National resources can be helpful, however it will be more helpful if you and your organization devise an extensive local resource list to refer to when families need support. Be sure to keep this list up to date and add to it as learn of more resources. Many organizations offer free portable cribs for families in need.

Related Modules:

- Secrets of Baby Behavior
- Three-Step Counseling
- Breastfeeding Series
- Supporting Immigrants: A Culturally Humble Approach